Health and Well-Being at LEPS
The P&C H&WB working party worked extremely hard in 2014 to ensure LEPS was compliant with the NSW ‘Food in Schools Guidelines’. The LEPS Guidelines were developed with the support of the Healthy Kids Association and their nutritionist, and will overarch all activities held at Lindfield East PS. Please take the time to read and familiarise your family with the policy.

The H&WB working party will continue to act as an advisory committee to the Principal in 2015, any enquiries or feedback can be dropped into the ‘Health & Well Being’ post box in the front office.

Welcome Back Night
Friday 27th February
Tickets available on the night
$35 per family (cash only)
5.30 - 8.30pm

Emperor Stevenson comes to LEPS
Wearing his finest regalia, Emperor Stevenson personally wished every child Xinnian Kuaile Gong Xi Fa Cai – Happy New Year! Surrounded by traditional dragon dancers to keep the bad spirits away, the Emperor presented every child with a red envelope containing a good luck wish for the year. Many thanks go to Ms Jessica Cheng and Ms Yi Qing Zeng for the amazing decorations which have adorned the buildings, and for providing the special treats for everyone. Yang Nian Da Ji!!

Your Local Community School - Our P&C
Thank you and congratulations to all of the newly elected parents on the LEPS P&C. The Week 3 AGM witnessed a changing of the guard, with most of the incumbent executive ending their 2 year tenure. Our school’s outstanding reputation, is no doubt, highly attributable to the succession of skilled, committed and enthusiastic parents that have volunteered to take a lead role in assisting the school. I’m looking forward to working with President - Julianne Brown and her new team in maintaining the high standards set with previous executive, and also supporting the numerous new initiatives they have brought forward to enhance our school.

I must extend my gratitude to the incredible work of the departing executive. Rob Mills our departing President leaves behind the legacy of sorting out our governance structures and also streamlining the financial systems. His leadership skills and ability to support our strategic educational directions have been highly valued. We sincerely thank him for his years of dedication to the P&C. Also, thanks to Deb Jenkins for the endless energy she has provided the Parents Auxiliary and to Alison Cameron for sorting out the P&C finances.
**iTunes & iLearn Parent Seminar**

On Tuesday evening Dr Kristy Goodwin delivered an informative parent seminar explaining how iPads will be used at LEPS as part of the Bring Your Own Device (BYOD) initiative. Dr Goodwin has worked with LEPS over the past 3 years as an academic partner, providing professional learning and advice for teachers using touch technologies in the K-6 classroom. Kristy provided a wealth of current information, helping parents to find healthy and helpful ways to use touch technologies with their children at home, with an emphasis on screen-time, digital health and practical ways to prevent ‘appcidents’. Kristy has undertaken extensive research in brain development and digital technologies. For further information access the website: [http://www.everychancetolearn.com.au/](http://www.everychancetolearn.com.au/) and for advice on apps to use at home with your children, download her free eBook *20 Essential Apps for Young children*.

The BYOD talk given by Dr Kristy Goodwin was invaluable to any parent with children using iPads or tablets these days. I now have an appreciation of how teachers will use these tools to teach, and my understanding of the worth of iPads has broadened. Dr Goodwin shared her vast knowledge, and we have benefitted from her many hours of research, from understanding the range of effect iPads have on children's learning, and how it could be geared to optimally reach different ages, to simple things I could do to make children's time on iPad more constructive. She praised LEPS for its support in training teachers for BYOD lessons- since it is not just the tool but whose hands it's in, and how it is used that our children will get maximum benefit and maximum learning. Sincere thanks to LEPS and to Dr Goodwin for this most helpful talk.

Linh Wilson – LEPS parent

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**Tilsley’s Tasty Tips**

With the Cross Country on the first week back from holidays, Thursday the 23rd of April, many of the children will be keen to start getting some practise in. It is a great endurance event that starts to teach students about their body and its capabilities. For the Juniors born in 2005 and younger they run 2km, 2 laps of an approximately 1km track and the seniors run 3km, 3 laps. For many of the students to run the whole way will seem an insurmountable task. If as a family you start from a comfortable distance and build up to the required distance it is definitely achievable.

Always warm up before you commence a run. This could be a dancing to music, playing in the backyard or doing some different loco-motor movements followed by a stretch. Then depending on your level, set a distance that is achievable and then increase the distance as you go. That could be to the end of the street and back or around the block. Time yourself so the child can have some sense of what their personal best is for that distance. Put the times up on the fridge or a wall and you can talk about aspects of running at the dinner table. This develops a passion in a child, increasing their interest. I have about 700 ongoing sporting conversations with your children at the moment!

I will be walking the track, starting from the middle of the oval, at 3:45pm on Wednesday 4 March. If you are free, you are welcome to join me. We have been a very strong running school for many years and I look forward to keeping up that tradition for years to come.

Phil Tilsley
Maths lessons are text-book free!
In line with current research about best practice in Mathematics teaching, LEPS has gone text-book free in maths lessons. Deep understanding and engaged learning in maths comes from hands-on, rich tasks which develop a more problem-solving approach to numeracy.

Professional Development
As part of our commitment to quality teaching and continuous professional development, teachers recently undertook two sessions. In the first, teachers explored the idea of conceptual planning to create units of work which address higher-order thinking in English. In the second, Dr Jill Forster, one of our academic partners furthered our knowledge of strategies to enhance critical and creative thinking. This Semester, Mr Lowe, Mrs Wares, Mrs Nielsen and Ms Rixon are enrolled in the Harvard Graduate School of Education, undertaking an on-line course entitled *Making Thinking Visible – Building Understanding Through Critical and Creative Thinking*. Effective professional development results in greatly enhanced learning outcomes for students and is part of the excellence and innovation found throughout NSW public schools.

Sport in Schools
While the PSSA Teams are away competing against other schools on Friday mornings, students here are developing their gross and fine motor functions, teamwork skills, fitness and knowledge of a healthy approach to life with our experts in the field, “Sport in Schools”. The go-carts were a real hit last week!
Swimming carnival results

Congratulations to Mackellar House – winners of this year’s Swimming Carnival! Congratulations also to the age champions, and to those students who competed in the races. Good luck to those who will represent LEPS at the Zone Carnival.

Sarah Brennan

Students in Years 3 – 6 welcomed author Sarah Brennan from Hong Kong this week, who spoke about her latest book *The Tale of Rodney Ram* as part of our Chinese New Year celebrations. Sarah’s popular books weave Chinese history, geography and language into charming stories based on each animal of the zodiac. Read one student’s response to her visit: on the next page.
On the 23rd February, Sarah Brennan came to our school to tell us about her books and how she writes them. She has written books about Chinese legends, and transformed them into a different version.

First she told us how she gets her ideas for her books and the history stories she used to write them. Sarah also told us how to make books through machines.

After that she read us her latest book for the year of the sheep. The Tale of Rodney Ram. It is about a farmer who has a flock of beautiful ewes. But there is a sheep he loves most. Rodney Ram. He looks very nice, but he is actually very shy. He finally gets kicked out of the farm and then he found a lot of flowers and lost his footing and fell. Rodney ended up with grains of rice in his mouth. Since there was a famine, he had accidentally planted rice. As soon as everyone knew how to plant it, everyone was happy! Then Rodney went back to the farm.

In conclusion, I think we should have more author visits.

By Danielle (4ME)
School Tour Dates 2015

Thursday 19 March
Thursday 21 May
Thursday 18 June
Thursday 30 July
Thursday 27 August
Thursday 22 October

Thursday 19 November Years 1-6 new students only

All tours commence at 9:30am outside the Library and take approximately 45 minutes

UPCOMING EVENTS

Friday 27 February  Welcome Back Night
Monday 2 March   BYOD Year 6 Commences
Thursday 12 March  Selective High School Placement Test
Friday 13 March  Stewart House Excursion - SRC

Term 1 2015

Tuesday 27 January  Staff Development Day
Wednesday 28 January  Students in Years 1-6 Return
Monday 2 February  Kindy 2015 Students Commence
Thursday 2 April  Last day Term 1

Division 1
Friday 27 February  LEPS vs West Pymble @ Commenarra Sports Field
Friday 6 March  LEPS vs Gordon West @ Koola Park
Friday 13 March  LEPS vs St Ives North @ Koola Park

Division 2
Friday 27 February  LEPS vs Lindfield @ Primula Oval
Friday 6 March  LEPS vs Chatswood @ Allan Small Oval
Friday 13 March  LEPS vs Pymble @ Koola Park

Modball
All modball games will be played at St Ives Village Green

Touch Football
Junior games will be played at Hassall Park and senior games will be played at St Ives Showground

All games will commence at approximately 9:45am
**Roster Reminder Week 6, March 2-6**

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<thead>
<tr>
<th>Day</th>
<th>AM Shift</th>
<th>PM Shift</th>
<th>AM Shift</th>
<th>PM Shift</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Jane Semmonds, Katy Ward, Caroline Rogers, Abbe Keaney</td>
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<tr>
<td>Tuesday</td>
<td>Astrid Bloemer, Ed Harbor, Zanthe Abdurahman, Jessica Cheng</td>
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<tr>
<td>Wednesday</td>
<td>Paulette Socrates, Olivia Moore, Debbie Jenkins, Kelly Yan</td>
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<tr>
<td>Thursday</td>
<td>Hayley Daniel, Sarah Foley, Lucy Walker, Esther Lau, Kaaren Kardonsky</td>
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<tr>
<td>Friday</td>
<td>Melinda Timso-Louie, Melinda Andrews, Rachel Bowes, Su-Lynn Lee, Tini Singh</td>
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**Roster Reminder, Week 7, March 9-13**

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<tr>
<th>Day</th>
<th>AM Shift</th>
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<th>PM Shift</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Ben or Sarah James, Jessica Guo, Abbe Keaney</td>
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<td>FULL</td>
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<tr>
<td>Tuesday</td>
<td>Maria Marmara, Susan Sun, Zanthe Abdurahman</td>
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<td>FULL</td>
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<tr>
<td>Wednesday</td>
<td>Ayelet Center, Shancel Leacy, Julie Pryma, Wendy Low</td>
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<tr>
<td>Thursday</td>
<td>Isabel Simoes, Min Sun, Debbie Jenkins, Natalie Ioannidis</td>
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<td>FULL</td>
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<tr>
<td>Friday</td>
<td>Michelle Walsh, Anthia Shaw, Win Sing</td>
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<td>PM Help Needed X 2</td>
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AM SHIFT: 9.15am-11.30am  PM SHIFT: 11am-2pm  FULL: 9.15am-2pm  
FRIDAY ONLY: AM SHIFT: 9.15AM-12 NOON  PM SHIFT: 11.30AM-2PM

WE ARE VERY SHORT OF HELP AT THE CANTEEN FOR THE PM SHIFT ON FRIDAY MARCH 13. IF YOU CAN HELP OUT FOR A FEW HOURS, PLEASE LET ANGELA FAVERO KNOW AT angela@soprano.com.au  THANK YOU!

DID YOU KNOW????????..............................

WE SELL DELICIOUS SALAD PACKS FOR LUNCH ORDERS AT THE CANTEEN EVERY DAY!

Lettuce, tomato, cucumber & carrot (beetroot & onion available upon request)-$4.50

Add: Cheese extra EACH tra. for 50c
Add: 1 slice buttered wholemeal bread for 30c extra
Mayonaise or Balsamic/Olive Oil dressings also available at no extra cost (please specify).

AND.. DON’T FORGET SUSHI DAYS- WEDNESDAYS & FRIDAYS ONLY

**CHICKEN TERYAKI  TUNA & MAYONAISE  CUCUMBER**

ALL $3.00EA ON WEDNESDAYS & FRIDAYS FOR LUNCH ORDERS ONLY
FROM END OF FEBRUARY, 2015 THE CANTEEN IS SWITCHING TO ONLINE ORDERING ONLY!!
PAPER ORDERS WILL ONLY BE ACCEPTED UNTIL THE END OF THIS WEEK!
Families wanting to place lunch orders need to set up an account with School24.
School24 offers families an easy & convenient way to order lunches.
Getting started is quick, easy and secure. All you need to do is:

1. www.lepspandc.asn.au/canteen, to access a Summary on the school 24 system.
3. Set up an online account, following the prompts. Our unique school code is: 25157963
4. Within your account set up each child and their class.
5. Top up your account with any amount using cash (delivered to the canteen WITH ACCOUNT NAME QUOTED, NOT YOUR CHILD’S NAME), your credit card or PayPal account (small charges apply for credit card and PayPal) You are now ready to place your orders.

Online Ordering Rules:
Orders can be taken online at any time and for any number of days into the future.
Online ordering closes at 9.00am sharp on the day that the order is for.

Information on your School24 account:
Your account will show how much credit you have left.
When you run out, simply top up your account online with any amount.
The funds remain in your account until used (even over Christmas holidays).
Refunds will be given for unused funds only in exceptional circumstances such as leaving the school or long term illness (as the refund process is a manual cheque based process).
You can top up with cash or by credit card or PayPal:
a 2.4% fee will be charged per top up for PayPal fees, plus a $2 admin fee.
cash top ups are free of charge.
Funds collected by Schools24 are transferred to the LEPS P&C Canteen account on a monthly basis (hence the admin fee).
We hope that all families will adopt the online system to order lunches. If you have any questions please contact the canteen on 9415-6236, between 9am and 1.30pm on school days.
## UNIFORM SHOP NEWS

<table>
<thead>
<tr>
<th>Tuesday 8.45am – 10.15am</th>
<th>Thursday 8.45am – 10.15am</th>
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<tbody>
<tr>
<td><strong>03 March</strong>&lt;br&gt;Shanel Leacy&lt;br&gt;Fang Du</td>
<td><strong>05 March</strong>&lt;br&gt;Rebecca Overton&lt;br&gt;Cheryl Leung</td>
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<tr>
<td><strong>10 March</strong>&lt;br&gt;Zoe Khan&lt;br&gt;Nancy Lim</td>
<td><strong>12 March</strong>&lt;br&gt;Sara Ho&lt;br&gt;Natali Tchelet</td>
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<tr>
<td><strong>17 March</strong>&lt;br&gt;Jacqui McKenzie&lt;br&gt;Susan Sun</td>
<td><strong>19 March</strong>&lt;br&gt;Anshu Sinha&lt;br&gt;Maggie Ma</td>
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<td><strong>24 March</strong>&lt;br&gt;Mustika&lt;br&gt;Miao Yu (Antonia)</td>
<td><strong>26 March</strong>&lt;br&gt;Natalie Comley&lt;br&gt;Elke Carlsson</td>
</tr>
<tr>
<td><strong>31 March</strong>&lt;br&gt;Zoe Khan&lt;br&gt;Stephanie Macintosh</td>
<td><strong>02 April</strong>&lt;br&gt;Cherie Lapa&lt;br&gt;Kathy Navarro</td>
</tr>
</tbody>
</table>

The uniform shop phone is out of order, please send all enquiries to our NEW EMAIL ADDRESS:

Uniforms@lepspandc.asn.au

Dr Shoe will be on school site on 17 March from 8:30 to 9:30am. Contact is max@drshoe.com.au

## BASC NEWS

Welcome to all our new Kindergarten families that have just joined us at After School Care this week. They are all settling in well.

We also welcome a new staff to our BASC family- Rex Meredith. Rex was a fisherman in the Whitsundays but left it all to start his first year as a Primary education student at Macquarie Uni.

We do hope you can all join us at our Welcome Family BBQ on Friday 13th March 6.30-7.30pm (Rain or shine). All our families are invited to join us for this very popular social event.

The aim is to meet all the other families of the centre over a drink and snag. This is a FREE event all you have to do is bring your own drinks (adult/child) and nibbles to share and we supply the sausage sizzle. Please book in at the sign in/out area for catering purposes. And please feel free to come and help set and pack up.

Our Tye day proved to be so popular it has been requested again for next Friday. So please bring a 100% cotton white T-shirt/singlet.

Please remember to contact us before 3pm if you child is not attending. A $10 search fee now applies for failure to do so.

Accounts will be in your inbox next week so this is your last chance to make any changes.

Rebecca
2 MORE WEEKS BEFORE BAND CAMP
As LEPS Band Camp is organized by the Band Committee, not the school, we cannot run our camp without parents help. To ensure our camp runs smoothly and safely for your children, we ask that parents volunteer a few hours of their time across the weekend to supervise the children at their various activities and overnight.
In order to secure your preferred time slot to volunteer, please add your name to the roster using the following link: Band Camp Roster
If you are able to stay overnight, please complete a Working With Children Check and forward your application number (starting with APP) to Alison Frost.
Thank you for your help with organising this exciting event for our children.
Welcome Back Night February 27 (Friday)

PB please meet in Room 21 at 5pm this Friday February 27 in Full Band Uniform with your instrument and music.
Performance will start at 5:30pm and be finished at 5:45pm.
Thank you to those parents who volunteer to help on the night. We will start setting up straight after school and we are welcome more parents' help with packing up after performance.

PARENT ROSTER
The roster for each week will be published in fortnightly Lyrebird as a reminder.
Please be on time for rehearsal duty. If you are unable to attend, it’s important that you find a substitution or arrange a swap. And as a last resort contact your Band Coordinator:
PB Co-ordinator - Judi Howe (0449 510 284)
CB Co-ordinator - Jenny Jackson (0422 957 502)
TB Co-ordinator - Jane Makeham (0419 630 761)

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<thead>
<tr>
<th>Band</th>
<th>Week</th>
<th>Time</th>
<th>Date</th>
<th>Parents On Duty</th>
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<tbody>
<tr>
<td>CB</td>
<td>6</td>
<td>12:45 – 1:45pm</td>
<td>Mon 2 Mar</td>
<td>Sarah O'Kelly</td>
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<tr>
<td>CB</td>
<td>6</td>
<td>7:45 – 9:00am</td>
<td>Thurs 5 Mar</td>
<td>Tracy Thomas</td>
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<tr>
<td>CB</td>
<td>7</td>
<td>12:45 – 1:45pm</td>
<td>Mon 9 Mar</td>
<td>Emily Knight</td>
</tr>
<tr>
<td>CB</td>
<td>7</td>
<td>7:45 – 9:00am</td>
<td>Thurs 12 Mar</td>
<td>Gavin Whitney</td>
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<tr>
<td>PB</td>
<td>6</td>
<td>7:45 – 9:00am</td>
<td>Tues 3 Mar</td>
<td>Miaki Daubaras</td>
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<tr>
<td>PB</td>
<td>6</td>
<td>7:45 – 9:00am</td>
<td>Wed 4 Mar</td>
<td>Karen Aston</td>
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<tr>
<td>PB</td>
<td>7</td>
<td>7:45 – 9:00am</td>
<td>Tues 10 Mar</td>
<td>Philip Robinson</td>
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<tr>
<td>PB</td>
<td>7</td>
<td>7:45 – 9:00am</td>
<td>Wed 11 Mar</td>
<td>Helper Needed</td>
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*Monday parents on duty, please come to the hall first and you will be directed to your allocated classroom.

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<th>Band</th>
<th>Week</th>
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<td>TB</td>
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<td>Ian Hollister</td>
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<td>Jane Makeham</td>
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<tr>
<td>6</td>
<td>7:45 – 9:00am*</td>
<td>Mon 2 Mar</td>
<td>Olivia Thomas</td>
<td>Irene Lim</td>
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<td>Jessica Cheng</td>
<td>Linda Hu</td>
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<tr>
<td>6</td>
<td>12:45 – 1:45pm</td>
<td>Wed 4 Mar</td>
<td>Caroline Everitt</td>
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<td>TB</td>
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<td>Elaine Leong</td>
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<td>Connie Hansen</td>
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<tr>
<td>7</td>
<td>7:45 – 9:00am*</td>
<td>Mon 9 Mar</td>
<td>Kenny Choy</td>
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<td>Andre Menezes</td>
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<td>Linda Hu</td>
<td>Helper Needed</td>
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<tr>
<td>7</td>
<td>12:45 – 1:45pm</td>
<td>Wed 11 Mar</td>
<td>Katy Ward</td>
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Important Dates for Term 1

PB Welcome Back Night Performance - Friday Feb 21  
Band Camp (CB & PB only) - Friday March 13 to Sunday March 15  
Band Committee Meeting - Thursday March 26 (7pm staff room)  
State Election Cake Stall Fundraising (pending) - Saturday March 28

Thank you.

Elise Lee (0416 088 806 / elise_lee@optusnet.com.au)  
Band Convenor on behalf of the Band Committee

Welcome to LEPS - New Enrolments Years 1–6
Starting at a new school can be overwhelming for children & parents alike. There are so many new faces & new routines to learn, and even if you have had children enrolled for a while, in our big school you may still feel a little lost.  
We have a lovely tradition at our school of casual coffee shop catch-ups in our neighbourhood café. We aim to make you feel part of this wonderful community. Come along and join us one day  
Where: The Deli in the Park (café in the row of shops off Wellington Rd, East Lindfield)

When: Thursday Morning, from 9:15am on:

5 March, 23 March & 30 April

Please look out for the WTLEPS table at Welcome Back Night, and join us in celebrating the new school year!

To help us connect you with the other parents in your child’s class or start answering your queries, please email your names and contact details to: welcome2leps@gmail.com  
We would love to meet you, and we welcome all your feedback.

Kind regards
Debbie Jenkins (0419 258 650) & Eleanor Macintyre (0422 799 429) On behalf of LEPS Parent’s Auxiliary